

Get involved!

Learn . . . Volunteer . . . Advocate . . . Donate

It is important to meet the immediate needs of our hungry brothers and sisters; but it is also important to invest our time to learn the root causes of hunger, seek ways to eradicate the causes, and then make the changes needed through advocacy, volunteerism, and donations. When we act together with our churches, friends, family, and colleagues, we can win this important life-giving fight.

A partial list of links to various agencies and ministries follows. In these, you will find a rich variety of excellent education pieces, including some activities designed to teach about hunger and advocacy issues. Take time to search these sites for information and ideas for your church, school and work groups! Hunger is a worldwide problem, and the needs for agencies dealing with international hunger are many. However, at its inception, the Race of Grace decided to focus on issues in our immediate community. You will notice that some of the following are international agencies; however, they provide valuable information relevant to the United States and/or is easily adaptable to local hunger issues.

1. World Hunger Year: www.worldhungeryear.org
 - a. Facts about hunger and poverty.
 - b. “Action Ideas for Creating A Better Food System”
 - c. How to start a food pantry

2. <http://www.yhunger.org/programs/fslc.html> (Part of World Hunger Year)
 - a. Great learning/resource center:
 - b. Numerous links and resources
 - c. Action steps
 - d. Relevant topics such as community gardens, farmer’s markets, community food security.

3. Bread for the World: www.bread.org.
 - a. Hunger basics and hunger facts
 - b. Rural communities and hunger

- c. Links to other anti-hunger and poverty organizations
 - d. US hunger issues
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- 4. Food Bank of Central & Eastern North Carolina:
www.foodbankcenc.org
 - a. Numerous ways to volunteer
 - b. Hunger studies
 - c. Education links
 - d. Food recovery

 - 5. Interfaith Food Shuttle: www.foodshuttle.org
 - a. Hunger facts (US and local)
 - b. Ways to help
 - c. Food recovery

 - 6. Hunger calendar:
www.aces.edu/fourh/docs/warohunger/Hunger%20Calendar.pdf
This calendar is loaded with ideas for hunger education and community service activities. It is a 4H calendar for Alabama; however, their ideas cross state lines!

 - 7. Hunger No More:
www.hungernomore.org/childrens_activities/index.htm
 - a. Great activities for children and youth!
 - b. Numerous links to other resources and ideas

 - 8. *Hunger: Finding Solutions*. Teacher's guide that is great sourcebook for middle and upper school teachers. To order, go to www.kidscanmakeadifference.org.
 - a. Hunger quiz and hunger facts
 - b. What kids can do

 - 9. Community Food Service Coalition:
www.foodsecurity.org/handouts.html

 - 10. Fundraisers within your church and neighborhood. *Ready to Go Fundraisers: 75 ways to Fund your Ministry* (book and CD rom),

Abingdon Press, 2007. (See www.ileadyouth.com for how to purchase.)

11. Society of Saint Andrew: http://www.endhunger.org/nc_glean.htm
 - a. Gleaning opportunities

Hunger is a social justice issue! As John Nuessle says, *"The question of bread for myself is a material question, but the question of bread for my neighbours is a moral question."*

